



BULLETIN:

Child and Adult Care Food Program

Child & Adult Care Centers,
Emergency Shelters, OSHC, &
Sponsors of Family Day Care Homes
www.education.alaska.gov/tls/cnp

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To: CACFP Agencies
CACFP Program Reviewers

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From: Ann-Marie Martin
CACFP Coordinator

Program changes as a result of USDA Policy Memos and Technical Assistance Memos are to be implemented immediately. Please file this bulletin for reference, guidance and compliance with the Child and Adult Care Food Program. Feel free to call the Child Nutrition Programs office if you need further clarification.

Bulletin Topics

1. CACFP Annual Training Information & Registration
2. Office of Child Care Administration for Families and Human Services Announcement
3. Childhood Obesity Prevention Strategies for Rural Communities
4. CACFP Forum Membership Information
5. ChopChop Magazine Recipes
6. FightBac.org – Packing Lunches at the Child Care Center
7. Mealtime Memo for Child Care: Creating and Maintaining a Safe Mealtime Environment

1. CACFP Annual Training Information & Registration

The annual required training schedule/registration form is included with this bulletin and can be found on the CACFP Bulletin page on the Child Nutrition Programs website:

<http://education.alaska.gov/tls/cnp/CACFP4.html>. Make sure you sign up for one of the CACFP trainings and if you are serving infants please sign up for one of the Infant Trainings as well.

The CACFP Training is required for administrators. At least one administrator from your agency should be in attendance. We will cover the management of CACFP, administrative updates, review trends and health and safety issues. We will be discussing meal patterns and the non-profit food service accounts.

The person attending the training is then required to train all the pertinent staff in their agency on the CACFP requirements, dependent on the duties the staff members perform. You may send more than one representative to the training if space allows.

Training registration deadline is August 5th – please be sure to send your registration documentation to Alexis Hall by that date.

2. Office of Child Care Administration for Families and Human Services Announcement

We may not have the same issues as other states down south regarding hot cars but this still good information to share and be reminded that babies and pets should not be left in cars. The Office of Child Care Administration is working hard to get this message out so please pass this on to the families you serve.



Where's baby (with the picture of a car in the direct sunlight located between the two words)? Look before you lock.

The summer months can be incredibly dangerous for children in cars. According to the U.S. Department of Transportation, in 2013, **44 children** died of heatstroke across the United States.

These deaths can be prevented, and in many cases, a simple communication plan between parents and child care/Head Start providers could save a child's life. **In an arrival confirmation plan, parents notify providers when their children will be late or absent, and providers contact parents if a child does not arrive as expected.** This kind of basic plan creates a safety net to help make sure that no child gets left in a car.

Parents and providers can take Ray Ray's Pledge to communicate about planned and unexpected absences. **Take the pledge and encourage the parents and providers in your life to do the same!** <http://www.rayrayspledge.com/Take-the-Pledge-HERE-.html>



Ray Ray's Pledge.

3. Childhood Obesity Prevention Strategies for Rural Communities

Nemours, a foundation that operates an integrated children's health system, just released a [Childhood Obesity Prevention Toolkit for Rural Communities](#)! The toolkit provides a range of strategies and success stories to assist practitioners in child-serving sectors, including: early care and education, schools, out-of-school time, community initiatives and healthcare. The profiled communities were able to leverage their unique rural resources and benefited from close community bonds to improve children's health. The toolkit also includes policy recommendations and an overview of the evaluation

process. Feel free to share the link with interested colleagues, networks, stakeholders and constituencies. If you have questions, please contact Daniella Gratale, Senior Manager of Advocacy at Nemours, at daniella.gratale@nemours.org.



The Childhood Obesity Prevention Strategies for Rural Communities is included with this bulletin and can be found on the CACFP Bulletin page on the Child Nutrition Programs website: <http://education.alaska.gov/tls/cnp/CACFP4.html>.

4. CACFP Forum Membership Information

The National CACFP Forum is recognized in Washington, DC as the leading CACFP public policy organization of its kind. With members across the country, the Forum's main focuses are:

- Improving the nutrition of all children in child care
- Accessing quality child care for low-income families
- Sharing information to improve program delivery
- Maintaining program accountability
- Advocacy

CACFP Advocacy In Action

TAKE A PICTURE, TELL A STORY

About a year ago, the Forum and FRAC (The Food Research and Action Center) launched the "Take a Picture, Tell a Story" campaign, urging CACFP sponsors to create their own booklets with pictures of providers and children on their individual programs. What better way to educate those unfamiliar with our program and the wonderful things that happen as a result of the benefits of CACFP? A picture really is worth a thousand words. I put my booklet together and have since added to it and updated the information. In addition to sharing my book with my elected officials, I've also found that the booklet is a very useful tool as an orientation tool for new staff or new board members.

To see sample pages of the Take a Picture, Tell a Story Booklet, click the Samples button below.

Where to start?

- Buy disposable cameras, and have your monitors take pictures while on visits
- Take pictures of your providers and their children, preferably at mealtime or snack time
- Remember to get appropriate photo releases from the provider and parents
- Mount them on colored paper, add captions with the provider's name and how long she has participated on the program
- Include quotes from providers about what the program means to them, what they would do if benefits were cut, how the reimbursements helps them serve more nutritious meals
- Once the photos have been mounted to the pages, you might want to have color copies made of all the pages so that you have multiple copies you can share
- Include samples of educational materials such as recipes, menus or other materials you give to your providers
- Use a folder, 3-ring notebook or some type of scrap book to put all your materials together

Lynn Goering, President, National CACFP Forum

<http://www.cacfpforum.org/takeapic.asp>. You can find more information at their website:

<http://www.cacfpforum.org/default.asp>

5. ChopChop Magazine Recipes

Please see the attached recipe for Double Corn Cakes with Fresh Corn.



You can find more recipes from ChopChop Magazine at: <http://www.chopchopmag.org>.

Chock-full of delicious and nutritious recipes, along with games, puzzles, and fun food facts, *ChopChop* Magazine can help students learn about nutrition and provide ideas for classroom learning and activities. With a [classroom package](#) of 30 copies, every student will be able to take home a copy of the award-winning *ChopChop* to share with his or her family.

Order by August 1st and start the school year on a fun and healthy note. Support a class by purchasing a classroom package. 30 copies of one issue is \$40; a four-issue subscription for an entire year is \$150 or \$5 per student. Shipping and handling included, US addresses only.

The cost for purchasing their magazine is an allowable expense with CACFP funds (if you have them available). If you want to purchase and use CACFP funds remember you **MUST** include it on your budget and have it approved by the state agency prior to purchase!

6. FightBac.org – Packing Lunches at the Child-Care Center

Lunches or snacks prepared for a field trip or other outings could cause foodborne disease if they are not properly handled. This handout gives practical tips on packing, storing and transporting lunches and snacks to maintain food safety.

The Packing Lunches at the Child-Care Center handout is included with this bulletin and can be found on the CACFP Bulletin page on the Child Nutrition Programs website:

<http://education.alaska.gov/tls/cnp/CACFP4.html>.

7. Mealtime Memo for Child Care: Nutrition Education: Why, When, Where, and How

Child care providers can be influential in introducing healthy foods and habits to the children in care and to their families. This Mealtime Memo includes information on employee training to ensure you have a safe mealtime environment. It also provides information on the Vegetable of the Month (Summer Squash), Nutrition Tip, and Nutrition Fact. You can find the memo in English and Spanish at the following website: <http://www.nfsmi.org/documentlibraryfiles/PDF/20140707100505.pdf>

You can also find the PDF included with this bulletin on the Child Nutrition Program website:

<http://education.alaska.gov/tls/cnp/CACFP4.html>

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Commonly Used Acronyms

CACFP – Child and Adult Care Food Program
CNP – Child Nutrition Programs
FNS – Food & Nutrition Services
FNSRO-Food & Nut Services Reg. Office
USDA – U.S. Department of Agriculture
LEA – Local Education Authority
DEC – Department of Conservation

All attachments for this bulletin can be found on the State of Alaska Child Nutrition Programs, CACFP Bulletins page: <http://education.alaska.gov/tls/cnp/CACFP4.html>.

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Individuals who are deaf, hard of hearing, or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800)845-6136 (Spanish).

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